

2010 ASCE PACIFIC SOUTHWEST REGIONAL CONFERENCE: TUG OF WAR!!!

OBJECTIVE

The purpose of this competition is to test teams on their physical strength and endurance.

SCORING

Teams will be placed in tournament style elimination rounds against another university's team. The team that pulls the other team past the boundary line will be named the winner.

GENERAL RULES

Two teams of six people, three women and three men, will align themselves at either end of the rope. Each person will be staggered on each side of the rope (one on the left, next on the right). The rope is marked with a line/flag in the middle and two markings or cones 15 feet from the middle on both sides. The referee will align the middle of the rope with the "center line" on the ground. Once each participating team is ready, the referee will say "pull" and the teams will begin the contest.

Participants will not be allowed to wear any kind of jewelry or gloves during the competition.

INFRINGEMENTS

- The rope must go underneath one's arm
- No sitting on the ground is allowed
- No kicking the ground
- No wrapping rope around hands or legs
- No "climbing the rope" movement or continuous moving up the rope
- ***Anyone who commits two fouls in same match will be taken out***